



## POLICIES / REGELVERK

### **PE and Playground Policy** ***Gym og lekeplass***

Prepared by: Head Teacher  
Approved by: The Governors  
Last updated: 01.11.2024  
To be reviewed: 01.01.2026

Physical Education provides pupils of all ages with an invaluable opportunity to test their own skills and to set themselves challenges. The teacher's role with regard to Health and Safety is twofold:

- Firstly, the teacher must set an example to pupils so that they develop a sense of responsibility for their own safety and well-being and the safety and well-being of others.
- Secondly, teachers must establish and maintain safe practice and procedures which will prevent any foreseeable risk of injury or harm.

The Head Teacher is responsible for ensuring that staff undertaking physical education are given any training necessary to carry out the activity safely.

The obligation to maintain good health and safety has its roots in **Health and Safety at Work Act 1974** and the **Management of Health and Safety Regulations at Work 1999**.

There is always a risk of accidents. Pupils should wear appropriate clothing and suitable footwear. All jewellery and personal effects should be removed before physical education lessons and given to a teacher for safe-keeping.

Some pupils may have a disability or medical condition which might prevent them from participating in physical education lessons. Parents of these pupils should inform the class teacher and such details should be recorded in the pupil's file.

Where possible the PE teachers will adapt their PE lessons for pupils with disabilities or other medical conditions for them to be able to participate, learn and feel included.

All PE equipment should be checked by the PE teachers at the beginning of every term to ensure that it is safe to use, and replaced when broken.

The playground and the playground equipment is checked by a company who is authorised to do Health and Safety checks on playgrounds, see IK 6.01 for frequency.